

All Saints, Deganwy • St Cystennin's, Mochdre • St David's, Penrhyn Bay
St Doged's, Llanddoged • St Ffraid's, Glan Conwy • St Grwst's, Llanrwst
St Hilary's, Llanrhos • St Katherine's, Bryn Pydew • St Martin's, Eglwysbach
St Michael's, Llandudno Junction • St Paul's, Craig-y-Don

Zen and the Art of Christianity

Rev Peter Walker writes..... Today, despite falling attendances at church in Britain, there is a greater awareness of spirituality and a desire to explore different aspects of it, as witnessed by the growth of 'New Age' spiritualities and the 'Mind, Body, Spirit' section in most bookshops. This contemplative spirituality is well placed to respond since it concentrates on what has been called not a 'Christocentric theology' but rather a 'theocentric Christology' – in other words, a God-centred life, exactly what we see in Christ himself.

The Hindu-Buddhist tradition discovers 'God' within human consciousness, in much the same way in which silent contemplation and meditation in the Christian tradition reveal the divine within us (Matthew 5:8 'Blessed are the pure in heart for they shall see God'). The source of being found in the Father, the consciousness of the Logos found in the Son and the joy that flows from the Spirit are paralleled in the Being, Consciousness and Bliss of the Upanishads. How close is that to the spirituality of St John of the Cross – 'That you may know everything/Seek to know nothing./That you may possess all things/Seek to possess nothing./That you may be everything/Seek to be nothing'?

For St John of the Cross, it is faith that teaches us truths beyond the rational, beyond the empirical. It is the silent contemplation, the bleak mystery of the

despair of the cross, the broken, silent body of Christ, this 'dark night' of faith that, instead of teaching us of facts and things, leads us to God by 'unknowing'.

We are loved, we would say, unconditionally, despite everything we have done – how can we open up such experiences to those who search, who yearn, who face the despair of feeling forsaken by God? Surely, it is by developing that silence, that contemplation, that we will be able to respond to the post-modern attitude that wants to learn without being taught, gain knowledge from personal experience, and choose one's own path to enlightenment? Consider the Zen-like phrases at the heart of our faith – 'Christ has died, Christ is risen' – 'The Word became flesh' – 'God is love' – 'The Servant King'. Consider them silently, chew them over, enter into their mystery and maybe, just maybe, arrive at a wordless moment of intuition (the 'satori' of Zen).

It is this silence, this contemplation, that is both the beginning and the end of theology.



Create your own sacred space - for instance using flowers and a candle - where you can find silence, space and simplicity to help you pray, contemplate, meditate.

REGULAR SERVICES IN OUR CHURCHES - ALL WELCOME

1st Sunday of the month

8 am **Holy Eucharist** St David's & St Hilary's
 9.30 am **Holy Eucharist** St Michael's; **Cymun Bendigaid** St Grwst's; **Morning Worship** St Cystennin's;
 9.45 am **Choral Eucharist** St Paul's; **Holy Eucharist** St Martin's
 11 am **Holy Eucharist** All Saints, St Grwst's & St David's; **Family Service** St Hilary's;
Morning Worship St Katherine's
 11.15 am **Holy Eucharist** St Ffraid's Church House*
 6.30 pm **Evening Prayer** St Hilary's

* Services at Glan Conwy will return to St Ffraid's Church from 22nd October. There will be no service at St Martin's Eglwysbach on that day.

2nd Sunday of the month

8 am **Holy Eucharist** All Saints & St David's
 9.30 am **Holy Eucharist** St Cystennin's, St Michael's; **Boreol Weddi** St Grwst's
 9.45 am **Choral Eucharist** St Paul's; **Holy Eucharist** St Martin's
 11 am **Holy Eucharist** All Saints, St Grwst's, St David's, St Hilary's & St Katherine's
 11.15 am **Holy Eucharist** St Ffraid's Church House*
 6.30 pm **Evening Prayer** St Hilary's

3rd Sunday of the month

8 am **Holy Eucharist** All Saints & St David's
 9.30 am **Holy Eucharist** St Michael's; **Cymun Bendigaid** St Grwst's;
Morning Worship St Cystennin's
 9.45 am **Choral Eucharist** St Paul's; **Morning Prayer** St Martin's
 11 am **Holy Eucharist** All Saints, St Grwst's & St Hilary's; **Morning Worship** St Katherine's;
Family Service St David's
 11.15 am **Holy Eucharist** St Ffraid's Church House*
 6.30 pm **Cymun Bendigaid** St Hilary's

4th Sunday of the month

8 am **Holy Eucharist** All Saints & St David's
 9.30 am **Holy Eucharist** St Cystennin's; **Boreol Weddi** St Grwst's; **All-age worship** St Michael's
 9.45 am **Choral Eucharist** St Paul's; **Holy Eucharist** St Martin's
 11 am **Holy Eucharist** St David's, St Grwst's, St Hilary's & St Katherine's; **All-age worship** All Saints
 11.15 am **Holy Eucharist** St Ffraid's Church House*
 6.30 pm **Evening Prayer** St Hilary's

5th Sunday of the month

8 am **Holy Eucharist** All Saints & St David's
 9.30 am **Holy Eucharist** St Michael's; **Cymun Bendigaid** St Grwst's
 9.45 am **Choral Eucharist** St Paul's; **Holy Eucharist** St Martin's
 11 am **Holy Eucharist** All Saints & St Grwst's; **Morning Prayer** St Hilary's
 11.15 am **Holy Eucharist** St Ffraid's Church House*
 6.30 pm **Holy Eucharist** St Hilary's

St Cystennin's and St Katherine's hold a joint service on 5th Sunday mornings alternating between the two churches, and the 11 am service on a 5th Sunday may vary at St David's. Please check the Pew News for details for 29th October.

HOLY EUCHARIST is also celebrated on **Wednesdays at 10 am** at All Saints and St Ffraid's, on **Thursdays at 10.30 am** at St Paul's and **Fridays at 10 am** at St David's
Messy Church - see calendar for details

Prayer Group - 10 am every Tuesday at St David's (01492 876451 for details)

Koinonia Groups (Bible study, prayer & discussion): **Morning** - 2nd & 4th Weds, 10.30 am (01492 876451 for details)
Evening - 1st and 3rd Thurs, 8 pm (01492 583420 for details)

St Katherine's Bible Study - 7.45 pm every Monday (01492 540542 for details)

Julian Group - 8.00 pm every Monday at St Michael's (except Bank Holidays)

CAMEO (Come And Meet Each Other) Lunches - every 1st Wednesday at 12.15 pm in St Katherine's, Bryn Pydew
Coffee - 10 am Thursday at St Paul's & St Ffraid's, 10.30 am Friday at St David's

Clergy:	Rev Noel Carter (Mission Area Leader)	01492 339521
	Rev Ginny Burton (Sun, Mon, Wed only)	01492 583140
	Rev Dr Godfrey Chigumira	01492 543706
	Rev Sarah Hildreth-Osborn	01492 640032
	Rev Peter Walker	01492 583579

Office: Penrhyn Beach East, Penrhyn Bay, LL30 3NT - 01492 541615 - office@aberconwy.church

OPENING HOURS 10 am to 12.30 pm on **Tuesdays, Wednesdays and Thursdays**

Hydref 2017 - CALENDAR - October 2017

		Services	Other events
SUNDAY	1	SEE OPPOSITE PAGE - also: Holy Baptism 12.30 pm St H Harvest Festival at St Hilary's	
Monday	2		Leading Your Church into Growth Course (LYCiG) 2 pm Llanrhos Schoolroom
Tuesday	3	St Asaph Archdeaconry Confirmation 7 pm St D	Leading Your Church into Growth Course (LYCiG) 7.30 pm Llanrhos Schoolroom
Wednesday	4	HE 10 am AS & St Ff	
Thursday	5	HE 10.30 am St P	Congregation meeting, 11.15 am St P
Friday	6	HE 10 am St D	
Saturday	7		MAGAZINE COPY DATE Autumn Fair 10.30-12.30 pm AS
SUNDAY	8	SEE OPPOSITE PAGE - Harvest Festival at St Paul's	
Monday	9		LYCiG Course 2 pm Llanrhos Schoolroom St P Mothers' Union 2.30 pm
Tuesday	10		St Ff Mothers' Union 2 pm AS Mothers' Union 2.30 pm LYCiG Course 7.30 pm Llanrhos Schoolroom
Wednesday	11	HE 10 am AS & St Ff	Bible Society Quiz, Seilo Chapel
Thursday	12	HE 10.30 am St P	
Friday	13	HE 10 am St D	
Saturday	14	Holy Matrimony 12.30 pm AS and St M	
SUNDAY	15	SEE OPPOSITE PAGE - Harvest Festival at St Cystennin's; Family Service, 4 pm St P	
Monday	16		LYCiG Course 2 pm Llanrhos Schoolroom
Tuesday	17		LYCiG Course 7.30 pm Llanrhos Schoolroom
Wednesday	18	HE 10 am AS & St Ff	
Thursday	19	HE 10.30 am St P	
Friday	20	HE 10 am St D	
Saturday	21	Holy Matrimony 4 pm St H	Hiraeth Festival Events at St P
SUNDAY	22	SEE OPPOSITE PAGE - also: Hiraeth Festival Service, 9.45am St P, Hiraeth Festival events St P, Re-opening Celebration Eucharist 4 pm St Ff, Bible Society Service, Gloddaeth URC	
Monday	23		LYCiG Course 2 pm Llanrhos Schoolroom St P Afternoon Tea 2.30 pm
Tuesday	24		AS Mothers' Union 2.30 pm LYCiG Course 7.30 pm Llanrhos Schoolroom
Wednesday	25	HE 10 am AS & St Ff	
Thursday	26	HE 10.30 am St P	
Friday	27	HE 10 am St D	
Saturday	28		Modern Slavery Awareness event 12-5 pm in St Asaph Cathedral
SUNDAY	29	SEE OPPOSITE PAGE - Please check Pew News for 'fifth Sunday' variations; Cymun Bendigaidd 2 pm St C	
Monday	30		LYCiG Course 2 pm Llanrhos Schoolroom
Tuesday	31		LYCiG Course 7.30 pm Llanrhos Schoolroom

KEY: HE - Holy Eucharist; AS – All Saints; St C – St Cystennin's; St D - St David's; St Do - St Doged's; St Ff - St Ffraid's (in the Church House until October 22nd); St G - St Grwst's; St H - St Hilary's; St K – St Katherine's; St M – St Michael's; St Ma - St Martin's; St P – St Paul's

The Church Family

The baptism of its new members is an occasion of great joy for the church. By water and the Spirit, we are reborn as God's children, and are made followers of Christ, members of his body, the church, and inheritors of the kingdom of heaven.

Please pray for those to be welcomed into the church by baptism this month:

1st October - Isla Mary Byron (St Hilary's);

Also those who are to be married:

21st October at St Hilary's -

Craig Williams and Amie Cavanagh



Conwy Food Bank

Feeding local people in crisis
www.conwyfoodbank.co.uk

Dear Supporters,

Everyone at the Food Bank would again like to send thanks for your continued support. In August 58 parcels were issued, 24 to families which included 41 children, 29 to single people and 5 to couples. Donations go to our storeroom and are made into parcels to suit single people, couples or families, with enough nutritious food to last about a week. Referrals for parcels are made by professional organisations who are aware of the situation of the person or family. Parcels go to delivery points to be collected or are delivered by their referrer/support worker. Most food is given by donations from the public.

Financial donations are also very welcome. Running costs are low - there is insurance and one-off purchases such as shelving and trolleys, and occasional volunteer expenses, and also a paid co-ordinator, Tony. The rest of money donated is for buying perishable food and baby goods, including fridge items which cannot be donated. Without your generosity we could not help people in crisis, so thank you once again for your kindness.

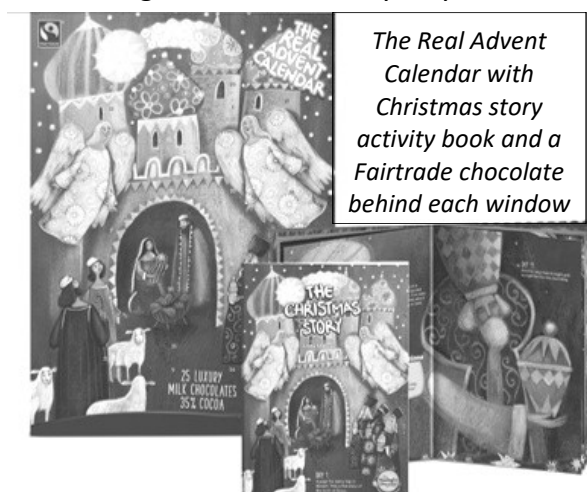
From all at Conwy Food Bank



Artisan Autumn

Don't forget the Traidcraft catalogue - out now in the churches or from Dilys Stone (01492 879997) - gifts, clothes, jewellery, home and household goods, food, Christmas cards and other seasonal goodies.

Also look out for the Real Advent Calendar - a fun way to share the Christmas story. It comes with a 28-page Christmas story activity book designed for use every day in Advent.



The Real Advent Calendar with Christmas story activity book and a Fairtrade chocolate behind each window

Behind each of the 24 windows there is a festive Fairtrade chocolate.

As well as celebrating the true meaning of Christmas, buying the calendar makes a charity donation to Traidcraft Exchange and the Funzi & Bodo Trust which works with Kenyan villagers to provide healthcare and improved educational facilities, trying to break the cycle of poverty.

Remember Sainsbury's plan to drop the Fairtrade Mark? A group of charities including CAFOD, Christian Aid, Traidcraft Exchange, the Women's Institute, Tearfund and Global Justice Now have launched their own campaign to stop Sainsbury's ditching Fairtrade. The Fairtrade Foundation remains focused on finding a way forward with Sainsbury's that is in the best interests of the tea farmers and workers. Please keep choosing Fairtrade certified tea and asking your friends, family and local community to do the same.



The Christian Aid Summer Fayre made £720 - a big thank you to all involved.

Notices and Events

AUTUMN FAIR

All Saints Church, Deganwy
with Citizens Advice Conwy

Saturday 7 October 2017

10.30 am – 12.30 pm

Cake Stall, Books, Raffle and more
Admission £1 includes Coffee &
Biscuits

Do come and join us at the church



Bible Briefs

There will not be a Bible Briefs session in October due to the Leading your Church into Growth course. Look out for details of future meetings.

St Ffraid's Church House

Glan Conwy

Coffee Stop

Every Thursday 10-11.30 am

Modern Slavery Awareness

28th October, 12-5 pm, St Asaph Cathedral

Open to all - Please come along if you want to be informed about the efforts to fight modern slavery and human trafficking in North Wales

Tickets, contact
sianconnelly@churchinwales.org.uk
or 01745 532582

St Ffraid's Church

As many people will know, the church building at St Ffraid's in Glan Conwy has been closed for the last year whilst essential repairs have been carried out. These are now almost finished. Whilst holding services in Church House has given the congregation the opportunity to worship in some more creative ways and has been a reminder that the Church is not bricks and mortar (or even lime!) but is the community of Christ's followers, the Body of Christ, everyone will be happy to see the church building open again.

A re-opening celebration Eucharist will be held on Sunday 22 October at 4 pm, to which everyone is warmly invited. The preacher will be the Dean of St Asaph, the Very Reverend Nigel Williams. Please join us for this special occasion. Croeso cynnes i bawb!

(There will be no other services in St Martin's or St Ffraid's that day and please check nearer the time about St Grwst's).

AUTUMN AFTERNOON TEA

Monday 23rd October

2.30 pm

ST PAUL'S CHURCH HALL,
CRAIG-Y-DON

£3.50



*PLEASE COME AND JOIN US &
ENJOY A LOVELY AFTERNOON*

St Paul's Church, Craig y Don

Sunday 15th October, 4pm

Family Service with craft activities,
storytelling and quality time for
parents and children



Good Neighbours - My World Depends On Us

22-29 October 2017

OWW invites you to explore how we can become good neighbours locally and globally. The key component of this year's theme is to raise awareness of:

- How our everyday lives, actions and decisions impact upon our global neighbours - often adversely
- What we need to do to improve that impact by being good neighbours

OWW believes that injustice, inequality and prejudice are not inevitable but man-made, so we can change them; when we understand each other's perspectives, our lives can be transformed and enriched; we are all part of one interdependent, human family. The African (Zulu) word, 'ubuntu', or 'active togetherness' sums it up in the thought-provoking and profound idea:

"I am because you are".

OWW works with Action Aid, Black Environment Network, CAFOD, Christian Aid, Global Justice Now, Fairtrade Foundation, Inter Faith Network, Islamic Relief; MADE in Europe; Oxfam, Traidcraft, United Reformed Church's Commitment for Life programme; and other NGOs. Its Vision, Mission and Aims emphasise the importance of working inclusively with everyone to address global and local challenges to achieve justice, peace and sustainability for all. Find out more about OWW on their website <http://www.oneworldweek.org/>, but perhaps we can all focus our prayers during the week on the issues raised. Our world is in ever greater need of understanding between the nations, but even as individuals we can reach out to our fellow human beings at home and abroad.

What's down the back of the sofa?

The old "round pound" will cease to be legal tender on 15th October. Do you have any round pounds lurking in a drawer, in your car, at the bottom of your handbag? Perhaps when you do find them you can pop them in the collection plate at church. Don't panic if you miss the deadline, because the church will still be able to exchange them at the bank.

Leading your Church into Growth Groups

The groups have been postponed by one week, so will start in the first week in October - all other details remain the same.

Hiraeth Festival: 20th-22nd October

A new three day arts festival is taking place in Llandudno this year. The theme is "hiraeth" that Welsh word which doesn't quite translate into English, but which means "longing for one's homeland".

Rev Noel Carter, Rev Manon Ceridwen James and Archdeacon John Lomas are all taking part amongst authors and poets. The festival starts Friday 20th in the evening at Providero cafe in Upper Mostyn Street and continues all day Saturday at St Paul's. On Sunday morning there'll be a festival service at St Paul's and further events in the afternoon.

Please will those responsible check that information about regular services (page 2) and contacts (inside back cover) is kept up to date. We welcome news and comment from all the churches in the Mission Area, with photos if possible. Please send items in by **Copy Date (7th of the month)** to jastone@dunelm.org.uk or to the parish office. Contributions may be edited to fit available space, and late items may be omitted.

Editor Rev Noel Carter; **Production Editor** Dilys Stone; **Production Assistant** Chris Dearden

Around the Churches



St Paul's Branch, Craig-y-Don

On 11th September we welcomed Godfrey and Melissa, who joined us for our meeting and some delicious sandwiches and cakes. It was good to have the chance to meet Melissa and we hope to welcome her at our meetings from time to time. Godfrey presented cards marking membership of the Mothers' Union for 50 and 55 years respectively to Alice Wild and Ros Holland.

At our meeting on October 9th Mrs Josie Stanton will talk to us about Poetry, and we our Autumn Afternoon Tea will be at 2.30 pm on Monday 23rd October - all welcome.

All Saints Branch, Deganwy

On 10th October the Revd Robin Green will be speaking to us - "The road from Wigan Pier". On 24th October Mr Bill Chapman will be telling us about his work as a J.P. Our meetings are in Bethel Chapel schoolroom at 2.30 m and all are welcome to join us. We look forward to celebrating the 90th birthday of our branch on 7th November and members and friends are asked to find out (or remember) what was happening in All Saints, or Deganwy around that time, and also other events of interest or importance. The Corporate Communion will be on 4th October at 10 a.m. in Church. We continue to pray for and remember all our housebound members and their families and carers. Many thanks.

St Ffraid's Branch, Glan Conwy

After our Summer break our meetings resumed on 12th September when Rev. Sarah led our service. At the October meeting we are to have a talk about the homeless. Further speakers are still to be confirmed.

Victoria & Abdul

This film, starring Dame Judi Dench, was in cinemas from mid-September. The Mothers' Union have produced a companion booklet (free from <http://www.themothersunion.org/>) which explores the issues addressed within the film from a biblical perspective.

Victoria & Abdul is a historical drama about the extraordinary story of a friendship in the later years of Queen Victoria's long rule. Abdul Karim, a young clerk, travelled from India for the Queen's Golden Jubilee and is surprised to find favour with the Queen herself. As she questions the constrictions of her position, the two forge an unlikely and devoted alliance that her household and inner circle attempt to destroy. As the friendship deepens, the Queen sees a changing world through new eyes and joyfully reclaims her humanity.

Queen Victoria was Mothers' Union's first Royal Patron and throughout its 140 year history, Mothers' Union has spoken out against injustice and advocated for policy change at all levels. The themes in "Victoria & Abdul" are as relevant today as they were then and it is hoped that you will enjoy watching this great film, and that the booklet will inspire interesting conversations.



Sunday 1st October – 11 am St Hilary's

Sunday 8th October – 9.45 am St Paul's

Sunday 15th October – 9.30 am

St Cystennin's

Harvest donations this year go to:

Conwy Food Bank who are asking for donations of non perishable food items; **Llandudno Womens' Refuge** who ask for donations of nappies, toiletries, baby clothes and toys; and **Cash gifts** can be put in orange Harvest envelopes and put on the collection plate and a cheque will be given to each church's nominated charity (St Hilary's and St Paul's – **Water Aid**, St Cystennin's – **Christian Aid**). **Thank you**

All Saints, Deganwy

About thirty former members of All Saints Church in Deganwy joined regular attenders for afternoon tea at the church recently. Many of them have mobility problems which prevent them attending Sunday services regularly. The organiser of the event was Betty Raggett, the church's events organiser. "We wanted to show these people that they are still part of the church community, and that we still care for them", said Betty. The Mayor of Conwy, Cllr Bill Chapman attended the tea and afterwards led singing of some favourite songs. "It is so important to keep people in touch with the church fellowship" he commented.

St Doged's, Llanddoged

St Doged's Church in Llanddoged has taken on a new role as a Pilgrim Church. Although congregation numbers have declined the church is important to the local community and is held highly in the hearts of the people. Inclusion in the Pilgrim Church Scheme is seen as the best way forward to retain the building in use.

Regular Sunday services will no longer take place, but there will be a minimum of six services there per year, the church remains part of the Mission Area, it will have a special ministry to pilgrims, and will be open for those who want somewhere to go and pray that is a little 'out of the way'. It will still be available for funerals and baptisms (weddings will need a special licence). This will have been a difficult decision for the congregation to take, but we hope that this ensures that the church has a future within its local community.

St Cystennin's, Mochdre

Congratulations to Callum Thomas, who passed his recent Grade 8 Cello exam with Distinction. Callum played with his brother Ellis at our Christmas Day service. Well Done Callum!

Thanks to Cantamus Chamber Choir and Recorder Consort for their wonderful music in our Summer Concert. The strawberries and



Pictured above: Church members enjoy afternoon tea in All Saints Deganwy.

bubbly were delicious and around £335 and additional gift aid monies was raised for the roof fund. The application to the Heritage Lottery Fund for replacement of the church roof is still ongoing. Meanwhile we are still fundraising.

Below is a lovely photograph of Dorothy and Bob Doel, now living and worshipping in Cambridge, on a recent holiday and impromptu visit to St. Cystennin on the day of their Golden Wedding Anniversary! Thanks to Russ and his wife, whom they bumped into at the church gate, for taking some lovely photos. The couple were able to view the copy of their signed wedding register in



church and joined us the following day for worship on Sunday morning with their daughter Christine. We were pleased to help them celebrate and sang the hymn Love Divine which they sang on their wedding day.

Gwasanaethau Cymraeg

Yn dilyn trafodaethau rhwng Eglwys Sant Cystennin Mochdre ac Eglwys Sant Ffraid Glan Conwy mae'r ddwy eglwys wedi cytuno i gynnal gwasanaethau Cymraeg ar y cyd ar y Sul olaf o bob mis, gyda'r man cyfarfod yn newid yn fisol. Dyddiad y gwasanaeth nesaf, yn Sant Cystennin, fyd y **29ain Hydref, am 2 ym**, a bydd hwn hefyd yn cynnwys Cymun Bendigaid.

Anogir a chroesewir pawb sy'n dymuno addoli trwy gyfwng y Gymraeg i fynychu gan gynnwys rhai sy'n dysgu'r Gymraeg a rhai di-Gymraeg; ymestynnir y gwahoddiad hwn i'r holl gynulleidfaoedd o fewn Ardal Genhadol Aberconwy.

Following consultations between St Cystennin's church Mochdre and St Ffraid's Church Glan Conwy both churches have agreed to hold joint Welsh services on the last Sunday of each month with the venue changing every month. The date for the next service, at St Cystennin's, will be **October 29th at 2 pm**, this also will comprise Holy Eucharist.

All who wish to worship through the medium of Welsh are encouraged to attend and will be made very welcome as are Welsh learners and non-Welsh speakers, this invitation is extended to all congregations within the Aberconwy Mission area.



ABOVE: Alan Price leads the open air service at St David's Penrhyn Bay

St David's, Penrhyn Bay

The annual outdoor service supported by the Beulah Brass Band took place on 27th August, with a large congregation from St David's, St Katherine's, St Cystennin's, and Penrhyn Bay Presbyterian Church. There was a real time of fellowship afterwards with a BBQ - thank you everyone who helped make this a special event.



ABOVE: The congregation gathered at the open air service at St. David's
BELOW: The Beulah Brass Band provided the music



Advance notice:- Christmas Fair on Saturday 25th November 12-2 pm

St David's Ladies Fellowship

Ann Rowland writes:

The Fellowship met in both July and August. Meetings always begin with prayer, and as well as praying for our troubled world we remember individual members who are sick, housebound, or bereaved. Particularly we have been praying for Thelma Cockayne and her daughter, and Pat

Sharp. We welcomed back Pat Reid after a period of illness, and wished Happy Birthday to Maura Gregory with special thanks to her for running the very successful cake stall at the summer fair.

Members have supported Tim Gough of "Youth for Christ" in his sponsored bungee jump to raise funds - especially brave as he is afraid of heights!

In July Jean Gallagher spoke about "From Hobby to (small business)" - making wedding veils. She told of learning skills from her dressmaker mother, and making her own wedding dress, veil and bridesmaid dresses. Photos showed how professional they looked. She also taught craft on cruise ships, including the QE2, Another interesting afternoon was "Members' favourite places with treats" in August. We discussed our favourite places at home or abroad - sometimes the simplest place remained in our memories the longest. A lovely afternoon was completed with home-made cakes and biscuits made by our members.



GUIDE DOGS ANNUAL AUTUMN FAYRE

Saturday 7th October - 2 til 4 pm

at St. David's Church Hall

to be opened by the Llandudno Mayor Mr Francis Davies.

A variety of stalls including, Guide Dogs Merchandise, Christmas cards and items, Cakes, Raffle, Gifts, Tombola and more.

Admission £ 1.50 (Children FREE) to include Tea or Coffee and Cake.

Come along and meet some of our wonderful Guide Dogs, and perhaps also grab a bargain Offers of cakes will be very much appreciated - Contact Sheila 01492 875098.

Everyone welcome - all proceeds to the Conwy & District Branch of Guide Dogs Cymru.

There will be also be a Guide Dogs Fayre at Noddfa Retreat Centre in Penmaenmawr on **Saturday 14th October, 1.30-3.30 pm.**



ABOVE: staying fresh into the autumn - the outdoor garden displays in front of St David's church. Note the belltower in the background.

More Church Information Online

Mission Area website:
www.aberconwy.church

Mission Area Facebook group:
www.facebook.com/groups/aberconwymissionarea/

All Saints Facebook page:
www.facebook.com/All-Saints-Church-Deganwy-943977308961577/

All Saints website:
www.allsaintsdeganwy.co.uk

St Cystennin's Facebook page:
www.facebook.com/StCystenninsChurch

St David's Facebook page
www.facebook.com/St-Davids-Church-Penrhyn-Bay-1425862127480834/

St Katherine's website:
www.stkatherinesbp.com

St Paul's website:
www.stpaulsllandudno.co.uk

St Paul's Facebook page
www.facebook.com/choirofstpauls

St Michael's, Llandudno Junction

Rainbows, Brownies, Scottish Dancing, Julian group and Guides - all our regular sessions are now back in full swing! Get in touch for details if you would like to join any of the groups.

Trees: The trees at the rear of St Michael's have not had much attention over the last few years, and have had to be pruned by a tree surgeon in order to give some of the houses in Penrhos Avenue some access to sunlight! The superb willow tree has been pollarded, and the birch, beech and cedar trees have had a monumental load of foliage removed... much to the relief of all.

All-age worship: All-age worship at both St Michael's and All Saints during August was based around the gospel passage of the day when Jesus asks the disciples 'who do you say I am?' We looked at images of Jesus from around the world, from many varying cultural, political and social backgrounds, and everyone began to realise that Jesus is often seen to embody the concerns of particular societies. Where we can often visualise Jesus as a blue-eyed westerner looking rather like Robert Powell in 'Jesus of Nazareth', he will be seen very differently by someone from Cameroon, or Brazil, or Japan, or India... this was eye-opening for many of us, and helped us again focus on Jesus' great question to each one of us, 'but who do you say I am?' The September all-age service was our joint harvest festival – details in the next issue.

Fifth Sunday (29th October): since 29th October is one of very few fifth Sundays in the year, we will use it as an opportunity to vary our worship and we will be using a communion service from the Iona community. For those who have not experienced such a service before, it will be a unique chance to hear different, very moving words and an alternative structure to the normal Sunday pattern.



ABOVE: countless hours of work goes on behind the scenes to keep our churches open and functioning. One of the less glamorous jobs for Michael Clutton is removing wax from the votive candle stand at St Paul's. BELOW: two scenes from St Cystennin's; a view of the altar and the medieval stained glass panels. These are older than the present church and were lost for some years, but have now been restored and are now on display in a glass case.



St Paul's, Craig y Don

Just when we thought we had the bank balance stable, the church wardens find themselves having to spend some large sums of money.

At the start of the autumn, we started discovering puddles on the floor by the nave altar. It soon became obvious that these weren't just the result of the cleaner mopping the floor and it not drying very fast. We have a hole in the roof by the base of the mini-spire, which is basically the highest point of the church, some 30-odd feet up in the air.

To repair the hole isn't that hard for a skilled roofer, but first, he has to get to it. That means scaffolding - lots of it. The bill is likely to be in the order of £3,500.

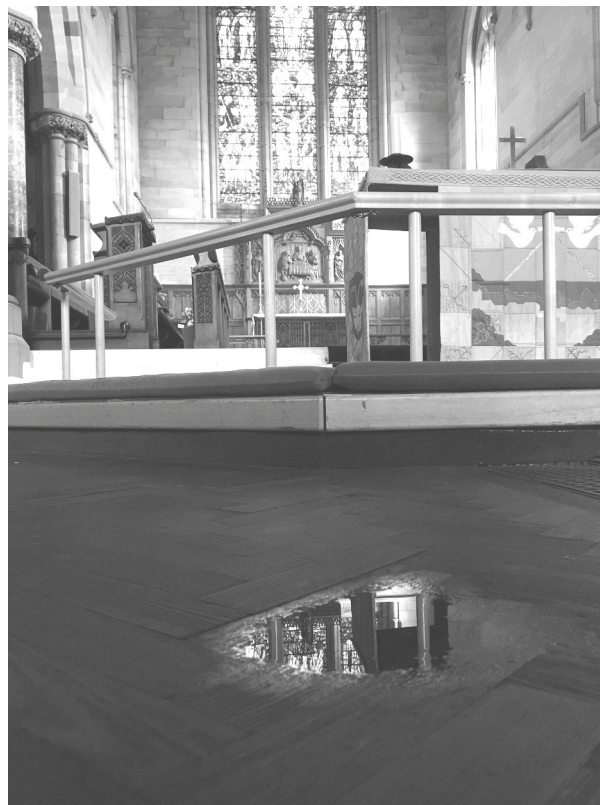
We've already had to spend another four figure sum on rebuilding the drains at the seafront end of the church, and there's been electrical work to do following the quinquennial inspection. It all meant that we ended up with a week of contractors on site recently, all working round each other.

The next month promises to be equally busy, though hopefully because of events and worship taking place in the church, rather than building work around it. We have harvest festival on 8th October, a family service on 15th (see report opposite) and also events as part of the Hiraeth arts festival taking place in the church during the weekend 20th-22nd October.

Other issues to be tackled include what to do with our rubbish and the future of the church hall. Both will be debated at a congregation meeting on Thursday 5th October at 11.15 am; do join us if you can.

We're also due to be updating the St Paul's Church Book of Remembrance in the next few weeks. If you'd like the name of a friend or family member to be added, then please let us know by the middle of October.

Chris Dearden and Philip Evans



Work projects at St Paul's. ABOVE: the reflections in this puddle by the altar are pretty, but the water is bad news. A leak in the roof some thirty foot above will cost thousands to repair. BELOW: plant roots blocking the drains meant a complete rebuild of the system lasting two days and involving a completely new section of pipe.



Family Services at St Paul's

A new innovation this autumn has been a family service at St Paul's. It's still in an experimental stage, but has been taking place on the third Sunday of the month in the afternoon at 4 pm.

It's something that Rev Noel Carter has wanted us to do for some time, but which has taken a while to get off the ground. Unlike some churches in the mission area, St Paul's has had no family service or all-age worship since around 2011, so starting a family service has also meant publicising the event and persuading people to come to it.

Emily Hillman started work at St Paul's in September as family and community officer, and set to work organising and planning the first service in September. The emphasis has been on doing creative activities with the children, so for the first service, we told the story of David and Goliath, and got the children to decorate skittles with Goliath faces before knocking them down.

Planning is now happening for the next family service, though it's early days and we're still busy working out which ideas work best!

Chris Dearden

Music Department

Five loaves, two fishes..... and 17 copies of the Brecon Service. These all things that have featured in miracles at one time or another. In our case, the minor miracle was that a choir of 22 people were able to manage with only 17 copies of the music, even though no-one seemed to be sharing.

Numbers in the choir have been good over the last few weeks, even during the summer break, but we still need to try and recruit more people, particularly to the men's sections (tenor and bass).

Next challenges are rehearsing for Harvest, the Hiraeth festival and Remembrance Sunday, before Advent and Christmas loom on the horizon!

Deborah Haigh-Roberts



ABOVE: Skittles wearing Goliath masks lined up at St Paul's during preparation for the first family service in September. Much amusement was had drawing the faces! BELOW: more work for contractors. This broken stained glass is in the original 1890s West porch at the church, and was due to be repaired during October.



Be silent.
Be still.
Alone.
Empty
Before your God.
Say nothing.
Ask nothing.
Be silent.
Be still.
Let your God
Look upon you.
That is all.
God knows.
God understands.
God loves you
With an enormous love,
And only wants
To look upon you
With that love.
Quiet.
Still.
Be.

Let your God –
Love you.

*Edwina Gateley (From **In God's Womb**)*

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CHURCH OFFICERS AND ORGANISATIONS

(all telephone numbers 01492 unless otherwise stated)

Lay Readers: Mr M Clutton 876292; Mr K Livesey 548492; Mr A Price 543138

Pastoral Assistants: Mrs P Chapman 583420; Miss M Cooke 876414;
Mrs R Williams 517256

Worship Leaders: Miss M Cooke 876414; Mrs A Huckle 580822; Mr M Wise 581545

Church Wardens:

Mission Area	Barry Ainge	582752	Tesni Hadwin	573248
All Saints:	Pat Chapman	583420	Frank Prescott	584788
St Cystennin's:	Peter Jones	07745 357290	2 nd Warden - Vacancy	
St David's:	Karen Stringer	07973 337650	Phil Williams	546840
St Doged's	Mrs M Jones	640161	Mrs B Evans	642161
St Ffraid's	Mrs M E Jones	580446	Mrs T Hadwin	573248
St Grwst's	Mr B Hughes	640703	Mrs J Pierce	640443
St Hilary's:	Mrs D Owen	585127	Mr E Williams	584446
St Katherine's:	Mr G Clowes	879761	Mrs M Pritchard	540542
St Martin's	Mr G R Templeton	580272	Mr N Robinson	650906
St Michael's:	Renee Williams	517256	2 nd Warden - Vacancy	
St Paul's:	Philip Evans	877696	Chris Dearden	07941 946525

Mission Area Secretaries : Mrs A Milne 876996 Mrs M Pritchard 540542

Mission Area Treasurer: Mrs A Harty 546039

Gift Aid Secretary: Mrs A Harty 546039

Choirs and Organists:

All Saints:	Organist	Mr J Wright	541552	
St Cystennin's:	Organist	Ms M Harley	582957	
St David's:	Organist	Mr K Holland	878826	
St Hilary's:	Organist	Mr J Liddon-Few	07930 414287	
St Katherine's:	Organist	Mrs Angela Hall	581224	
St Martin's:	Organist	Mr Roy Kenrick	650529	
St Michael's:	Organist	Mrs G Williams	584428	
St Paul's:	Director of Music	Miss D Haigh-Roberts	07867 964010	
	Organists	Mr T Hemuss	07775 517823	Mr K Lacey 01248 440843
		Mr J Liddon-Few	07930 414287	

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Ysgol Bodafon Chair of Governors: Rev M Harrison 01492 870701/07910 141410

Parish Education Service Treasurer: Mrs A Clutton 876292

Banner Group: Mrs D Owen 585127

Magazine Honorary Treasurer: Parish Office 541615

Honorary Secretary CMS Parish Office 541615

Mothers' Union:

All Saints: (meet at Bethel Chapel Schoolroom) Mrs D Laight 584247

St Paul's: (meet at St Paul's Church Hall) Mrs A Clutton 876292

St Ffraid's (meet at St Ffraid's Church House) Mrs. M Jones 580446.

Ladies' Fellowships: St David's: Mrs N Reid 549853

St Michael's: Mrs A Huckle 580822

St Hilary's Fellowship: Mrs D Owen 585127

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